

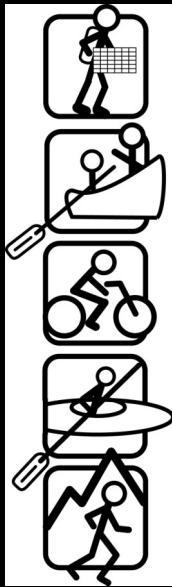
Date: 2-3 Oct 2010

Time: Arrive Saturday afternoon

Based 'Somewhere' in the Lake District.

"The best new event in the last 5 years" ... said Mike Nolan ESL

SPLASH AND DASH 2010



For teams of West Lancashire Explorer Scouts and Scout Network



The Splash and Dash Adventure Challenge is a new and exciting competition for West Lancs, bringing the sport of Adventure Racing to us. The competition will require a team of 7 people (one team per Explorer District / Local Area Network), to complete a sequence of activities around the Lake District.

The event is a relay race, passing baton from couple to couple. Teams will be set off at timed intervals, and the event will be staffed by appropriately qualified people throughout.

Due to the distances involved (it IS supposed to be a challenge!), each team will require 2 support vehicles and drivers.

ALL canoes and kayaks will be provided with suitable equipment, but teams will have to supply their own suitable bikes. We can advise on hiring if necessary but you will be responsible for collection and costs. Interested? Then see below:

Activities

- 2 people orienteer.
- 2 people paddle a Canadian canoe
- 2 people mountain bike
- 1 person sea kayaks
- At least 4 of the team go up, and descend a mountain
- Activities are not necessarily in this order and may be subject to changes!

Complete in full and get signed by DESCOMM / CESC.

Send your completed form to :
Ash Green
7 Millbank Brow
Burscough
West Lancs, L40 5TA

Phone: 07986.467802
E-mail:
ash.green@scoutmail.org.uk

**CLOSING DATE
18TH SEPTEMBER!!**

Name	Age	Unit	Activity
			Run
			Run
			Canoe
			Canoe
			Bike
			Bike
			Kayak

Main Contact information:

Name _____
Address _____

Email _____

I approve this team entry from the district of _____
Signed _____ DESC / CESC

FULL DETAILS WILL BE EMAILED OUT AFTER CLOSING DATE